



**At Nant BH and Pentre you will**

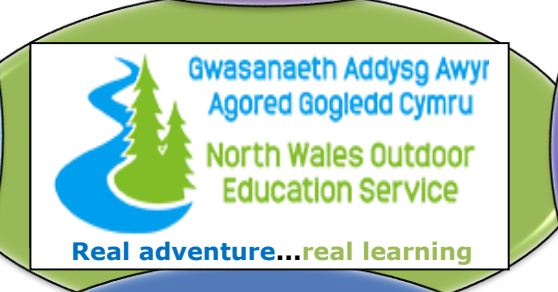
- seek and enjoy new challenges
- set yourself high standards
  - learn new skills
  - solve problems
- reflect on what you've learned
- identify how you can develop your skills

**To help you to be the best you can be**

**At Nant BH and Pentre you will**

- take part in exciting new activities
- be independent and look after yourself
- develop confidence by tackling challenge
- help other people to overcome challenge
- eat well and take lots of healthy exercise
- learn how to take sensible risks
- learn new things about yourself and others

**To help you to take care of yourself and others**



**At Nant BH and Pentre you will**

- make the most of opportunities
  - challenge yourself
  - take sensible risks
- help your group to succeed
- take on different jobs in your group
- use your knowledge and skills
- solve problems in a creative way

**To help you to make the most of life**

**At Nant BH and Pentre you will**

- play an important part in Centre life
- think about the effect of your actions on yourself and others
  - learn about a brilliant new area
  - use Welsh in a new environment
- be eco-friendly and help to look after the environment

**To help you be a great citizen of Wales and the world**

**High quality adventure learning in Snowdonia & Hiraethog**

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