

Pentrellyncymer 3 Day Residential Course – Itinerary

Approximate Timings	Day 1 – Arrival	Day 2	Day 3 – Departure	Responsibility Notes :	
07.30		Wake Up & prepare for breakfast	Wake Up & prepare for breakfast	School Staff	
08.30 - 09.00		BREAKFAST	BREAKFAST	School staff	
09.00 - 09.30		Sandwich making & briefing	Sandwich making & briefing	Centre Staff	
09.30 - 09.45		Centre Jobs & getting ready for activities in dormitories	Packing & getting ready for activities. Clear Dormitories	Centre Staff led , supervised by school staff	
09.45 - 10.00		Pre Activity briefing for staff and pupils	Pre Activity briefing for staff and pupils	Centre Staff led	
10.00 - 12.45		Arrival at Pentre by coach Intro , kit issue , moving in	ACTIVITY SESSION 2 Options	ACTIVITY SESSION 4 Bushcraft	Activity Centre staff
10.30AM					Pupil and staff intro meetings by Centre staff
12.45 – 13.30	LUNCH (cooked)	LUNCH (packed)	Lunch (packed) prior to departure	Centre & School staff	
13.30 - 16.45	ACTIVITY SESSION 1 Options	ACTIVITY SESSION 3 Options	Departure from Pentre 1.30pm	Activity Centre staff	
16.45 - 17.00	Return to centre, sort equipment , Shower, change for evening meal	Return to centre, sort equipment , Shower, change for evening meal		School staff to supervise during “Downtime”	
17.00 - 17.45	EVENING MEAL	EVENING MEAL		Centre & School staff	
17.45 - 18.30	Tidying rooms & changing for evening activity	Tidying rooms & changing for evening activity		School staff supervise	
18.30 – 20.45	EVENING ACTIVITY 1 Night walk	EVENING ACTIVITY 2 Photo search review		Activity Centre staff	
20.45 – 21.00	SUPPER DRINKS	SUPPER DRINKS		Centre & School staff	
21.00 - 21.45	Optional – Classroom Games, Gift Shop, DVD	Optional - Classroom Games, Gift Shop, DVD		School staff supervision	
Good night!	Bedtime	Bedtime		School staff supervision	